

## Snowshoe Day Trip

Linton Parking lot, March 6th, 2010

9:00 am – 5:00 pm

Scouts will be hiking around 8-10 miles on the Signal Mountain Trail, Pingree Park. We will be meeting at 9:00 am at Linton, and leaving at 9:15 am. We plan on being back around 5 pm. Weather looks moderate, but be ready for anything.

Things to bring:

Snowshoes (can rent at REI, Jax, Outpost Sunsport, Rocky Mountain Adventures, usually around \$10-\$15.)

Ski Poles

Water Resistant Boots (try them before coming)

Ski pants or similar water resistant pants

Gloves and liners

Wicking Socks and liners

Sunglasses or goggles

Head covering

Sun screen

Water bottle or camel back, and extra for car ride

Energy snacks, gorp, etc. and some for car ride

Light lunch (PB &J, dried fruit, etc.)

Layers for upper body (no cotton)

Compass

Flashlight/headlamp (just in case)

First aid kit

Small or medium backpack.

Optional: Gators, Walkie Talkie

If you have any questions, comments, or concerns, please call Gene Whitney (266-9154) or Neal U. (226-1961)

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### Permission Slip

As the parent or legal guardian of \_\_\_\_\_, I hereby give my permission for him to participate in the snowshoe day trip on March 6, 2010.

I give permission to the leaders of the above unit to render First Aid, should the need arise. In the event of an emergency, I also give my permission to the attending adults to seek emergency medical treatment, as needed. I further agree to hold the above named unit and its leaders blameless for any accidents that might occur during this outing except for clear acts of negligence.

In case of emergency, I can be reached by phone at \_\_\_\_\_ .

Insurance Carrier: \_\_\_\_\_

Policy Number: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(Parent or Guardian)

As a condition of my participation in this activity I agree to conduct myself in a manner consistent with Scouting principles, and to abide by the rules set forth in the Scout Law, Oath, and the Outdoor Code.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(Scout)