

Payment Schedule for:
Troop 188 Summer Camp
Camp Laramie Peak
June 24, 2006 – June 30, 2007

This year the troop has decided to Camp Laramie Peak in Wyoming. We have made reservations for forty-five (45) scouts and six (6) adult leaders. The fee per scout for camp this year is \$190.00 which will be divided into four payments. Adult leaders will be charged \$50.00 for the week. This will be collected on or before the March 6 deadline. If you wish to participate in the Mountain Man, the 50-Miler or the Mountain Bike Programs you will need to include an additional deposit of \$30.00 on December 5, 2006.

Below is a list of the Longs Peak Council's mandatory payment schedule based on our current reservation. After this date, only new additions to the troop can be added.

Event	Date	Amount Due
Reservation	December 5, 2006	\$50.00
1st Payment	January 9, 2007	\$50.00
2nd Payment	February 6, 2007	\$50.00
Final Payment	March 6, 2007	\$40.00

Attached to this sheet is an information packet about the programs available at Camp Laramie Peak. They have not released the official Leaders Pack so everything is NOT confirmed. They did however add a multi-day Mountain Biking Trip which I have requested additional information from Long Peak Council. If anyone has questions or comments please feel free to contact me.

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PROGRAM AND ACTIVITIES

50-MILER: The 50-Miler is a week-long, high adventure trek open to Scouts who have reached their 14th birthday and First Class rank before the date of camp and who have had considerable backpacking experience. Includes a hike to the summit of Laramie Peak (10,000-11,000 ft.). Each crew will be limited to 11 hikers and the Hike Ranger. The 50-Miler will be limited to only two crews per week. For more information review the 50-Miler section

HIKING: Troops may take long-term or short-term hikes. Troops have the opportunity to decide where and how fast to travel. The main emphasis is to get off the beaten trails into the canyons and hills where you will see few signs of other campers. Adult participation is required for each hike. Trail markers may be limited. Hiking requires special equipment, and Scouts should have adequate hiking boots, clothes, backpacks, trail tentage, canteens, etc. Camp leaders should use discretion as to which Scouts may be physically, mentally, and emotionally mature enough to go the distance.

BLACK MOUNTAIN: (6 miles round trip) follow the Forest Service road through camp and up to the look-out tower; excellent half-day hike for an experienced troop; nice one day hike for a younger, less-experienced troop. A Fire Tower overnigher for Scouts is offered to Black Mountain during the week.

FALL CREEK: (6 miles round trip) a down hill hike that follows Fall Creek.

LARAMIE PEAK: (10 miles round trip) drive to Friend Park campground at the base of Laramie Peak via troop autos. Hike on Forest Service trail to top of peak. Excellent all day hike for experienced troop. Unparalleled view of wilderness and high plains. 10,000-11,000 ft.

NIGHT HAWK HIKE: This special hike will be offered one or two nights per week. Your guide will be leaving from the dining hall at 9:30 P.M. heading up the Ashenfelder trail and returning back to camp approximately midnight. The purpose of this hike is to develop disabilities awareness, team building and fun. You'll be relying on your night vision for this hike, not your flashlight. A special patch is for those who complete the hike. The Night Hawk Hike is limited to a total of 20 participants.



MOUNTAIN BIKING: Campers and leaders will have the opportunity to participate in 1/2 day rides in and around camp. Bikes and safety helmets are furnished. The riding ability of all participants will be certified at camp prior to leaving on any rides. The bike ranger has the right to limit the length of the ride or return to camp due to weather, mechanical problems, health or disciplinary measures.

ALL PARTICIPANTS MUST WEAR HELMETS AT ALL TIMES!!!

NATURE: Laramie Peak's high mountain prairie offers a beautiful setting in which to study the aspects of ecology and conservation. Camp Laramie Peak has ongoing forestry and conservation projects. Don't forget to earn the **Project SOAR Award!**

FIELD SPORTS: Laramie Peak has a .22 caliber rifle range. No charge for shooting. Protective eyewear & earplugs are required for all shooters and will be provided at the rifle range for use while shooting. The archery range is designed for both instructional and recreational shooting. Do Not Bring Guns, Ammunition, or Archery Equipment To Camp!

ORDER OF THE ARROW: Thursday is designated as "OA DAY". Arrowmen are to wear their sashes.

HORSE BACK RIDES. Trail rides will be available after the merit badge class or as time allows. There will be an additional fee of approximately \$35.00 per person per ride paid to Glendo Trail Rides.

HANDICRAFT AREA: Leatherwork, Woodcarving, and Basketry merit badges will be offered in the Handicraft area. Costs for completing these merit badges will vary depending on the projects chosen. Scouts should plan to bring some money to purchase kits and supplies from the Trading Post. The Handicraft Area is part of the Trading Post building.

SOAR (SAVE OUR AMERICAN RESOURCES): Scouts and leaders who complete at least three hours of conservation work at camp are eligible to purchase the Longs Peak Council SOAR Patch from the Trading Post.

Orienteering **pre-camp requirement need compass**

Handicraft Area

Basketry pre-camp requirement none (\$7.00 to \$16.00 at camp for kits)
Leatherwork pre-camp requirement none (\$3.00 to \$15.00 at camp for kits)

Woodcarving pre-camp requirement need to bring small, sharp pocket or
carving knife and have a Totin' Chip card. (\$3.00 to \$9.00
for kits at camp)

Nature Lodge Enroll in these merit badges at any time during the week except for Environmental Science.
Sign-up for Environmental Science Merit Badge on Sunday!

Astronomy pre-camp requirement 2a, 3a, 8
Environmental Science pre-camp requirement read entire merit badge book
Forestry pre-camp requirement 5a, 5b
Geology pre-camp requirement none
Mammal Study pre-camp requirement 4b
Nature review merit badge requirements prio to camp
Space Exploration pre-camp requirement 5, 7, build rocket at home (or bring
\$10.00 for kit at camp)
Weather pre-camp requirement none

Horsemanship – located at the corral near the parking lot.

This merit badge requires an additional \$35.00 fee paid to Glendo Trail Rides. Pre-camp requirements include: read the merit badge pamphlet, have footwear with a heel on them (no tennis shoes), have long pants.

Mountain Man Program These merit badges can be earned only by Scouts in the Mountain Man Program.

Cooking pre-camp requirement 2
Indian Lore pre-camp requirement none
Blacksmithing
Rifle Shooting (blk powder) pre-camp requirement none
Wilderness Survival pre-camp requirement 5, bring survival kit to camp

TUESDAY NIGHT CAMPSITE COOKING: The cooks will be given the night off on Tuesday and all troops will cook in their individual campsites. Each troop will pick up their food from the dining hall from 1:30-2:30 PM. The menu includes ingredients for beef stew (Hamburger, Onion, Potatoes, Drink Mix, Milk, etc.) and a dessert (cake mix, fruit, etc.). You may want to complement this menu with your own special food and recipes. Refrigeration is available. Troops will need to bring equipment necessary to cook and eat in their campsite for this meal (stoves, Dutch ovens, Cook kits, etc.) aluminum foil is recommended for lining Dutch Ovens or packet dinners. It is traditional at CLP for each troop to invite staff members to dine with them.

CLP RELIGIOUS PROGRAM: Camp Laramie Peak offers the opportunity for all youth and adult campers and staff to participate in the religious life of the camp. A non-denominational, non-sectarian worship service is provided in the chapel every morning at 7:00 AM. A Wednesday evening service begins in the chapel at 7:00 PM. There is a free will offering taken at the Wednesday evening chapel service. This money goes to the World Friendship Fund.

Those wishing to receive the **CLP Religious Award** can register with the chaplain. The requirements are: 1) Attend 4 of the scheduled chapels; 2) Complete one other act of personal devotion of the camper's choice. Be sure to discuss this with the chaplain.

50 miler participants need to register before leaving camp. They also need to consult with the chaplain to discuss how the hikers will conduct their worship services.

The **CLP Religious Award** is presented at the Friday morning chapel to those staying in camp. The 50 mile hikers will receive their award at the Friday evening campfire.

ADULT PROGRAMS: Adult leaders are invited to participate in a number of special programs during their stay. There is a Scoutmaster vs. Staff shootoff, Scoutmaster vs. Staff Volleyball, Youth Protection Training, and Climb on Safely training. Also, there is a Leader's Roundtable each day (Sunday at 4:30 PM at the A-Frame, Monday through Thursday at 10 AM, Friday at 4:00 PM). Adults are also invited to participate in the CLP Religious Program.

CAMPFIRES: Opening Campfire will be held on Sunday night at dusk, by the Camp Laramie Peak Staff. Commissioner Area Campfire will be held on Monday evening. The closing Campfire will be held on Friday evening.

MOUNTAIN MAN EXPERIENCE: This exciting program for older Boy Scouts, Varsity Scouts, and Venturers will provide an unequalled opportunity to live as the mountain men did over 150 years ago. Set up in a remote part of Camp Laramie Peak, 40 participants, aged 14 and up, will have a once in a lifetime chance to experience the primitive life of the beaver trappers and Indians of the Rocky Mountains in the early 1800's. Everything done throughout the week will be a recreation of those buckskin days, from cooking authentic mountain meals, to shooting black powder rifles, to tanning hides.

Each 7 man brigade will learn to build fires with flint and steel, the secrets of Dutch oven cooking, and the identification of edible native plants. Skills such as hawk throwing will be honed through competition. Every skill that a mountain man would have needed will be taught and practiced. A special "Colter's Run" will conclude the week's activities to test how well each brigade has mastered its lessons. You'll even learn to set a beaver trap, and make snares. Blackpowder rifle competitions will take place and will include such events as the candle shoot, a buffalo shoot, egg shoot, and many more. Listed below are some requirements that must be complete before camp if those participating in the Mountain Man program are going to be successful:

1. You must assemble a survival kit and bring it to camp with you. This kit should include a whistle and matches or lighter as well as other items. (Refer to the Wilderness Survival Merit Badge Book, requirement #5). Bring your kit with you to camp.
2. Plan the meal menu for three days for your family. According to Requirement #3 of Cooking Merit Badge, visit a grocery store and find the prices of the items needed to put your menu in place. Bring your menu and the total cost with you to camp. You do not have to actually buy any food or use your menu.
3. You will need \$20.00 to pay for items needed to complete the Indian Lore Merit Badge and black powder shooting. This fee is paid to the Council.
4. You will live in the Mountain Man Area starting on Sunday afternoon when you arrive in camp until Saturday morning when you will rejoin your troop to head for home. Have two copies of your Health & Medical Form at check-in time so there is one for the Forst Aid Station and one for the Mountain Man Area. Bring at least **three** nalgene bottle for water.
5. You will be responsible for whatever assignments you are given while in the encampment.

A reminder that you will be able to earn the Wilderness Survival, Cooking, Indian Lore, Metalwork and Rifle Shooting (Black Powder) merit badges only through the Mountain Man Experience.

The Mountain Man Trading Post features items typically used by a mountain man in the 1800's. **Written parental permission is required for a Scout to purchase items such as tomahawks and sheath knives.**

Use the Special Programs Request form to make reservations for the Mountain Man Experience. First time Mountain Man participants will have priority over previous participants.



CAMP LARAMIE PEAK

50 MILER HIKING AND BACKPACKING PROGRAM GUIDE

SCOPE To expand the programs offered at Camp Laramie Peak, giving the older, more advanced Scouts, that have already experienced summer camp, the opportunity to taste High Adventure Scouting. Through this experience each Scout will hone their skills in hiking and backpacking, with the ultimate goal of developing a sense of self-confidence and the value of teamwork.

SECTION ONE

PARTICIPANT REQUIREMENTS:

ALL CAMP LARAMIE PEAK 50 MILER HIKING AND BACKPACKING PARTICIPANTS MUST MEET THE FOLLOWING REQUIREMENTS BEFORE BEING ALLOWED TO PARTICIPATE:

1. Must be at least 14 years of age by the arrival at Camp Laramie Peak.
2. Must have attained First Class Rank, with considerable backpacking experience. Venturers need not meet the rank requirement.
3. Must have attended a minimum of one week at an approved Boy Scout summer camp (or similar camp or outdoor experience) for two previous years.
4. The participant must be deemed by his/her leader and the Camp Laramie Peak Hike Ranger as being both physically and mentally fit and mature enough to handle this rugged program. Each participant must have a completed Health and Medical Record form verifying his/her fitness.
5. Must have all the required personal gear and equipment prior to leaving on the 50 Miler. (See required personal gear and equipment list, section 4.)
6. Each potential participant must sign-up in advance by contacting Farr Service Center in Greeley, CO, of his/her desire to participate in this program and the week he/she plans to participate. This will allow the Camp Laramie Peak Program Director to insure that the proper amount of equipment and food will be ready for each crew upon arrival.

SECTION TWO

ORGANIZATION OF THE CREW -

1. Maximum Crew size for each trek will be limited to a total of 9 youth participants, 1 adult leader (age 21 plus), and the Camp Laramie Peak Hike Ranger.
2. Each crew must be accompanied by at least one qualified adult leader who is registered with the Boy Scouts of America and presently active with a Troop, Team, or Crew. Your unit may be asked to provide one or two of these leaders. Female (Venturer) Crew Members must be accompanied by a female advisor.
3. Camp Laramie Peak Crews will generally consist of youth and leaders from several different units placed together upon arrival at camp. It is important that each youth participant be open to full cooperation with Hike Ranger, fellow crew members, and the adult leaders. Each crew member must do his/her fair share in order to have a successful trek.
4. Adult leaders are considered crew members. They will carry all of their own personal gear and equipment along with their share of the Crew gear. Adult leaders must refrain from decision making, campsite selection and setup, and meal preparation. The adult leader's role is to suggest and advise the youth participants and assist the Hike Ranger. It is the adult leader's responsibility to insure the safety of each member of the crew during the trek.

SECTION THREE

CREW EQUIPMENT ISSUED AT CAMP LARAMIE PEAK -

- | | |
|----------------------------------|--|
| ___ 1 nylon dining fly | ___ 1 Trail Chef Cook Kit |
| ___ 1 backpacker tent (2 people) | ___ 1 chef cutlery kit |
| ___ 2 pair hot-pot tongs | ___ Plastic trash bags |
| ___ Scouring pads | ___ Dishwashing soap |
| ___ Water purification material | ___ Sanitizing tablets (for rinse water) |
| ___ Maps of hiking area | ___ Crew 1st Aid Kit |
| ___ Backpacker stoves | ___ Aluminum fuel canister w/fuel |
| ___ 50'X3/8" nylon rope | ___ 2 gal. collapsible water vessel |
| ___ Tent stakes (12/tent) | |

SECTION FOUR

REQUIRED PERSONAL GEAR AND EQUIPMENT -

The following list should be followed closely. Any item not found on this list is deemed **NOT NECESSARY** and considered as extra, unwanted weight to carry on the trek.

BACKPACK - sturdy, well fitting, padded hip belt, padded shoulder straps, adequate tie down straps, water-proof pack cover, 6-12 plastic zip-loc bags, assorted sizes.

SLEEPING BAG with waterproof stuff sack, sleeping clothes, waterproof ground cloth (5'X7'), stocking cap, foam sleeping pad.

EATING - one plastic Frisbee (smooth), 1 cup (plastic or tin mug), 1 fork, 1 spoon, 2 one-quart plastic large mouth water bottles.

CLOTHING - (packed in zip-loc), hiking boots (well broken-in), 2 pair heavy wool socks, 2 pair light liner socks, 2 changes underwear, 2 pair hiking shorts, 1 pair long pants, 2 short sleeve shirts (not nylon), 1 long sleeve shirt, 1 light windbreaker, 1 sweater or sweatshirt (wool or polypro), 1 hat (flexible w/brim), 1 sturdy rainsuit.

PERSONAL HYGIENE - toilet paper (small roll), lip balm, foot powder, sun screen, tooth brush/toothpaste, biodegradable soap, small packet wet/dry towels.

PERSONAL FIRST AID KIT – moleskin (blister prevention pads), Band-Aids (assorted sizes), First Aid cream, adhesive bandages, insect repellent, aspirin.

MISCELLANEOUS - small folding pocketknife, matches or lighter, 50'X1/8" nylon cord, small flashlight w/batteries and extra bulb, compass (Silva, liquid filled), 4 large bandanna or handkerchiefs, whistle, small notebook, pen or pencil.

OPTIONAL - Camera/film, watch, and sunglasses.

SECTION FIVE

TIPS ON EQUIPMENT AND CLOTHING

PACKS AND FRAMES

A sturdy pack and frame are essential for backpacking in the rugged back country at Camp Laramie Peak. All of your personal gear (as listed) plus your share of food and crew equipment must fit inside your pack. A good pack should be considered a lifetime investment. If you already have a backpack, take time before the trek to check it out for the following:

1. Adequate adjustments to be sized and fit to YOU.
2. Sturdy frame, free of cracks and potential weak area.
3. Durable pack fabric that will not tear or rip at the seams.
4. A padded hip belt is a MUST. A combination of padded hip belts and adjustable padded shoulder straps is best.
5. Adequate tie-on spots to anchor your equipment on the outside of your pack.

To keep your pack dry at night and while hiking in the rain, a nylon pack cover that fits your pack is recommended.

All items in your pack should be neatly organized and packed in order of need and use. They should be packed in zip-loc plastic bags. This keeps all items dry and organized. Pack like items in one bag (ie., personal hygiene items in one bag, personal first aid kit in one bag, etc.)

When deciding what equipment to bring to Camp for the trek, follow the list under Section 4 closely. Consider each item's usefulness, durability, weight, and bulk. Small amounts of personal hygiene items are plenty for the 4 days on the trail. **REMEMBER: AN OUNCE IN THE MORNING IS A POUND AT NIGHT!!!**

CLOTHING

Be prepared for any kind of weather in the month of June in the high elevations at CLP. It is not uncommon for it to snow on Laramie Peak in June (elevation 10,200 feet). It is also not uncommon for the temperatures to reach into the high 80's to low 90's this time of year. On warm days a good pair of loose fitting hiking shorts is a good choice. Long pants are recommended for cool days and cold nights.

To be comfortable during rainy weather, a good quality rain suit or poncho is essential. Inexpensive vinyl rain suits or ponchos will not hold up as you hike in the rugged terrain.

SLEEPING BAG

Your bag should be warm (suited for temperatures between 25 and 60 degrees) but not bulky or heavy. If your bag is not warm enough, long underwear and a stocking cap worn at night will increase your sleeping comfort.

A waterproof stuff sack for your sleeping bag is essential. When your sleeping bag is rolled and stuffed into the stuff sack it should not be larger than 10" in diameter and 20" in length, and weigh 6 pounds or less.

A 5'X7' plastic or nylon ground cloth is recommended to be used under the tent. Tent mates share one ground cloth.

BOOTS AND SOCKS

Good quality, well broken-in hiking boots are a MUST. Your trek will cover many miles of steep, rocky terrain. Proper fitting hiking boots will prevent blisters and sore feet. Your boots should be broken-in with the same socks you plan on wearing during the trek. You should be able to wiggle your toes freely, but not let your foot shift sideways in well fitting boots. They should be sturdy but not too heavy. Hiking boots 6 to 8 inches high with sturdy soles and good ankle support are recommended.

A light pair of polypropylene inner socks with a heavy pair of wool socks over them are recommended. The two pair of socks worn in this manner are more comfortable and reduce friction against your feet, which causes blisters.

GLASS CONTAINERS AND AEROSOL CANS

No glass containers or aerosol cans should be carried on the trek. Glass breaks easily and aerosol cans are bulky and dangerous.

WATER VESSELS AND EATING UTENSILS

Each person on the trek should carry a minimum of 2 one-quart containers for water for their personal use. It is recommended they be of heavy plastic construction, with a large wide mouth opening. The lid should be heavy duty with a good tight seal. (NO straw hole in the lid.) NALGENE BRANDS ARE EXCELLENT. Small-mouth canteens are hard to fill/purify/mix in and are bulky.

A good quality plastic Frisbee that is smooth, free of grooves, makes an excellent plate to eat from. It is virtually indestructible, easy to clean, and can also be used to play the game during free time. It is also light weight and easy to stow in your backpack.

A stainless steel cup with handle or plastic insulated mug is recommended. They should be not more than one-cup measuring capacity. They work excellently for hot drinks, cereals, soups and as a measuring cup.

Standard home tableware works as an eating utensil for your fork and spoon. Lexan plastic utensils are strong, durable and lightweight for packing. A table knife is not required. Your pocketknife serves for this utensil.

SECTION SIX

AWARDS, FOOD, DAMAGE/REPLACEMENT FEES, LEAVE NO TRACE

AWARDS - Each Scout and adult leaders that successfully completes the CLP 50 Miler will receive the coveted CLP 50 Miler Patch and CLP 50 Miler stave. Only by participating in and successfully completing this program can you earn these awards. The awards will be presented to each member of a crew at the closing campfire on Friday night.

FOOD - Adequate, nutritious, dehydrated and freeze-dried trail menus packaged in disposable containers will be furnished by Camp Laramie Peak as part of the standard summer camp fees. The success of each menu will depend on the crew's skill in cooking trail food. Directions for preparing these menus are explicitly stated on the packages. High-altitude cooking must be taken into consideration. By keeping your pots of food and water covered you can decrease the heat loss and reduce cooking time, thus conserving fuel consumption in the backpacking stoves.

DAMAGES/REPLACEMENT FEES - Items issued that are the property of CLP that are damaged or destroyed by a participant through neglect, misuse, or abuse will be assessed a fee for repair or replacement. This assessment will be made by the Hike Ranger when equipment is turned in at the end of the trek. No awards will be presented until this account is settled.

LEAVE NO TRACE - The Boy Scout Leave No Trace Program is to be closely followed. Open campfires are highly discouraged. If a wood fueled campfire is desired it should be kept small, leaving no trace when camp is struck. All trash and litter will be carried out. National Forest Service fire dangers will be closely observed. This rugged wilderness should be left as you find it in your passing.

SECTION SEVEN

ITINERARY FOR 50 MILER PARTICIPANTS

SUNDAY - All campers arrive at CLP and check-in at the camp office. The Hike Ranger will hold a preliminary meeting Sunday evening to form crews and make announcements.

MONDAY - 50 Miler participants meet with the Hike Ranger (at designated location and time as announced) for the following:

1. Introductions and announcements

2. Medical recheck, first aid review
3. Formation of Crew
4. Check-out CLP Crew equipment
5. Shake down and inspect each crew member's personal equipment. (Please follow the list closely found in Section 4)
6. Review the proper use of crew gear, discuss trek route, map and compass use, food preparations and precautions, water purification procedures

MONDAY - FRIDAY - depart Monday afternoon and return Friday early afternoon.

FRIDAY - upon arrival at camp, check-in with Hike Ranger, return and assess CLP gear, crew released to return to their respective Troop campsites, stow personal equipment, hit showers and clean up for the evening meal in the dining hall and the closing campfire and awards ceremonies.

**A GREAT RESOURCE FOR PREPARING FOR THE CLP 50-MILER PROGRAM IS THE NEW BSA
FIELDBOOK. A COPY CAN BE PURCHASED AT ANY BSA SERVICE CENTER OR SUPPLY STORE.**

Camp Laramie Peak Weekly Schedule

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30 AM		Reveille					6:00 AM Reveille
7:30 AM		Flag Ceremony					6:50 AM Flags
7:40 AM		Breakfast					7:00 AM Breakfast
8:30 AM to 11:30 AM		Merit Badge Program and First Year Camper					8:00 AM-10:00 AM Checkout
10:00 AM		Leader's Roundtable					<i>Have a safe trip home, we can't wait to see you next year!</i>
12:00 noon to 1:30 PM	4:30 PM Opening Roundtable	Rest Period and Lunch					
1:30 PM to 4:30 PM		Merit Badge Program and First Year Camper					
4:30 PM to 5:30 PM		Free Time				Leader's Roundtable	
5:50 PM	Flag Ceremony						
6:00 PM	Dinner						
7:00 PM to 8:00 PM	Merit Badge Sign Up	Area Campfires	Patrol Cook Meal	Chapel Service 7:00 PM	Scoutmaster - Staff Volleyball		
7:45 PM	Campfire Assembly					Campfire Assemble	
8:00 PM to 10:00 PM	Campfire					Campfire Assemble	
10:00 PM	Taps						
Notes							
	*** Medication distribution will be after each meal and at 8:50 PM to 9:00 PM in the evening at the Med Office.						
	*** Table Waiters must be to the dining hall 15 minutes before meals are served.						
	*** On Tuesday, please pick up you food for the troop cookout between 1:30 PM and 2:30 PM.			w2			

