rew 2 Itinerary					
Day	Activity	Breakfast	Lunch	Dinner	Dessert
	SEATAC to Kaloloch Beach - Drive to Kalolach Dinner in Restaurant			Restaurant dinner on the road	
Day 0 (Sunday Night)	on the road. Be sure to bring money for your meal.	N/A	N/A	(make sure you have money)	Banana Boats
3 4	Kaloloch Beach - Spend day exploring Kalolach Beach and Drive to			, , , , , , , , , , , , , , , , , , , ,	
Day 1 (Monday)		Bagels, cream cheese and fruit	Cold cut sandwiches	Chili and Buns	Cherry Pineapple Dump C
, , , , , ,	Kaloloch Beach to Hoh Rainforest - Break camp and move to the Hoh	,			, , , ,
Day 2 (Tuesday)	Rainforest campsite. Explore the rainforest.	Cereal and Fruit	Pita sausage and Cheese	Chicken Pot Pie and Salad	Caramel Apple Crisp
., (, ,	Hoh Rainforest to Lopez Island (Spencer Spit) - Break camp and				1,
	make way to meet up with other crew on Lopez. We are trying to				
	meet with the other crew by lunch and there are 2 ferry trips to take.				
Day 3 (Wednesday)	We will try to fit in stops at points of interest along hte way.	Bagels, cream cheese and fruit	Pita & meat pouches	Guide Provisioned	
Day 4 (Thursday)	Spencer Spit to Obstruction Pass	Guide Provisioned	Guide Provisioned	Guide Provisioned	
Day 5 (Friday)	Obstruction Pass to Pelican Beach/Cypress Head Cypress Island	Guide Provisioned	Guide Provisioned	Guide Provisioned	
Day 6 (Saturday)	Cypress Island to Washington Park, Anacortes	Guide Provisioned	Guide Provisioned	Guide Provisioned	
- 3) 3 (3 3 3 3 3)			Restaurant (make sure		
Day 7 (Sunday)	Day Open - Morning to mid afternoon - Anacortes to SEATAC	Guide Provisioned	you have money)		
rew 2 Duty Roster					
Day	Activity	Breakfast	Lunch	Dinner	Dessert
Day 0	· · · · · · ·	N/A	N/A	N/A	Adults
Day 0		N/A	N/A	Trevor/Nathan	Trevor/Nathan
Day 1	Prep	All	All	Trevor/Nathan	Alex/Eric/Matt
Day 1	Clean up			Adults	Adults
Day 2	Prep	All	All	Adults	Trevor/Nathan
Day 2	Clean up			Alex/Eric/Matt	Alex/Eric/Matt
Day 3	Prep	All	All		
Day 3	Clean up				
Day 4	Prep				
Day 4	Clean up				
Day 5	Prep				
Day 5	Clean up				
Day 6	Prep				
Day 6	Clean up				
,					

			total	/person	/person/day
Crew 2 Shopping List	1		\$ 247		
Section Qty	Item	Purch/Home	Estimate	•	10.27
Bake	1 bag marshmallows	Parcil/Home	Estillate		
Bake	1 lb peanuts	P	1.5		
Bake	1 lb chocolate chips	p p	2		
Bake	1 small bottle vegetable oil	P P	3		
Bake	1 jar peanut butter	n p	3		
Bake	1 squeezable strawberry jam	n p	2.5		
		p n	2.3		
Bake	2 betty crocker yellow pudding cake mixes	P	4		
Bake	1 large can cherry pie filling	p			
Bake	1 large can crushed pineapple	P			
Bread	16 rolls	p	4		
Bread	24 bagels	p	8		
Bread	34 slices bread (white and wheat)	р	4		
Bread	16 pitas	Р	6		
Canned	2 28 oz whole cans tomatos	p	2		
Canned	2 5.5 oz cans tomato paste	р	1		
Canned	2 19 oz cans red kidney beans	р	2.5		
Canned	1 small bottle worchestorshire sauce	р	3.5		
Canned	2 large cans mixed vegetables	р	3		
Canned	30 oz cream of chicken soup	р	3		
Canned	0.75 evaporated milk	р	1		
Dairy	1 lb butter	р	3		
Dairy	3 cream cheese	р	5		
Dairy	1 large jug orange juice	р	4		
Dairy	16 slices cheddar cheese	p	3		
Dairy	2 cans of crescent roll dough	р	5		
Dairy	1 small carton eggbeaters	р	2		
Dairy	1 gallon 2% milk	р	4		
Dairy	3 lb assorted cheese	р	13		
Fruit/Veg	4 Large Onions	р	3.5		
Fruit/Veg	1 garlic	р	1		
Fruit/Veg	1 celery	р	1		
Fruit/Veg	8 Bananas	p	3		
Fruit/Veg	1 cantaloupe	p	3		
Fruit/Veg	1 honeydew	p	3		
Fruit/Veg	1 head iceberg lettuce	p	1		
Fruit/Veg	8 medium potatos	p	4		
Fruit/Veg	2 bags ceasar salad	p	5		
Fruit/Veg	1 box clementine oranges	p	7		
Fruit/Veg	1 large apple juice	p	3		
Fruit/Veg	3 lbs mini carrots	p	3		
Fruit/Veg	1 english cucumber	p	1		
Fruit/Veg	8 red apples	D	3.5		
Meat	1 Pre cooked Bacon	P	3.5		
Meat	2 lbs ground turkey	D D	6		
Meat	0.75 lb smoked turkey meat	D P	5		
Meat	0.75 lb country ham meat	n P	5		
Meat	0.5 lb salami	D P	3		
Meat	6 frozen boneless skinned chicken breasts	p p	8		
Meat	2 lbs sausage sticks (summer sausage etc.)	p p	8		
Meat	8 meat pouches (tuna & chicken)	p p	15		
Misc	1 roll aluminum foil	p	15		
Misc	1 jar instant coffee	<u> </u>	2		
		p	3		
Misc	1 jar hot chocolate	p			
Misc	1 can country time lemonade	р	2		

To as				
Misc	1 jar mustard	p	1	
Misc	1 salt and pepper	p	3	
Misc	1 large box honey nut cheerios	p	4	
Misc	1 large box frosted mini wheats	p	4	
Misc	1 pack tea	p	3	
Misc	1 squeezable bottle mayonaise	p	2	
Misc	1 jar salsa	p	2	
Misc	1 jar queso	p	2.5	
Misc	1 bag nachos	p	2.5	
Misc	2 bags oreos	p	5	
Misc	2 bags trail mix	p	10	
Misc	2 boxes granola bars	p	5	
Misc	1 large bag charcoal	p		
Misc	1 can charcoal starter	p		
Misc	2 cans propane stove fuel	p		
Misc	2 cans isobutane stove fuel	p		
Misc	1 Block Ice			
	2 tbs chili powder	h		
	2 tsp paprika	h		
	2 tsp cumin	h		
	2.5 tsp poultry seasoning	h		