

Troop 188
2007 Lake Powell High Adventure Trip
Personal Packing List

Strongly Recommended

- Beach Towel
- Hat
- Boat Shoes or Crocs
- Sunscreen & Lip Balm!!!
- Sunglasses
- Toiletries (Toothpaste, tooth brush, deodorant) – Biodegradable body soap will be supplied
- Personal Meds
- Pillow
- Sheets & Blankets or sleeping bag (keep in mind nighttime lows are usually over 60 degrees!)
- Air Mattress (ideally the 4-6 inch tall style)
- Flashlight w/ batteries
- Favorite snacks if you wish
- Travel Money
- Swim wear (Probably only a couple suits are required)
- Spare pair of eyeglasses or contacts
- Water Bottle (Nalgene style – Very important as this will serve as your cup for every meal)
- Limited change of clothes (short, t-shirt, socks)
- Hiking shoes (keep in mind desert daily temperatures will approach 100 degrees!)

Optional Items

- Swim Goggles if you wear contacts or prefer to have your eyes covered while you swim
- Cameras (keep in mind we are on the water!)
- Rash Guard Tops (these dry quickly and provide additional sun protection)
- Binoculars
- Water Toys such as floating mattresses, etc.
- Small Day Pack if hiking
- Books & Magazines
- Notebook & Pencils
- Money for souvenirs
- Small amount of fishing gear if you so desire (Licenses can be purchased at the lake)

PLEASE DO NOT OVERPACK AS SPACE IS LIMITED!!!