

Troop 188
2007 Lake Powell High Adventure Trip
Personal Packing List

Strongly Recommended

Beach Towel
Hat
Boat Shoes or Crocs
Sunscreen & Lip Balm!!!
Sunglasses
Toiletries (Toothpaste, tooth brush, deodorant) – Biodegradable body soap will be supplied
Personal Meds
Pillow
Sheets & Blankets or sleeping bag (keep in mind nighttime lows are usually over 60 degrees!)
Air Mattress (ideally the 4-6 inch tall style)
Flashlight w/ batteries
Favorite snacks if you wish
Travel Money
Swim wear (Probably only a couple suits are required)
Spare pair of eyeglasses or contacts
Water Bottle (Nalgene style – Very important as this will serve as your cup for every meal)
Limited change of clothes (short, t-shirt, socks)
Hiking shoes (keep in mind desert daily temperatures will approach 100 degrees!)

Optional Items

Swim Goggles if you wear contacts or prefer to have your eyes covered while you swim
Cameras (keep in mind we are on the water!)
Rash Guard Tops (these dry quickly and provide additional sun protection)
Binoculars
Water Toys such as floating mattresses, etc.
Small Day Pack if hiking
Books & Magazines
Notebook & Pencils
Money for souvenirs
Small amount of fishing gear if you so desire (Licenses can be purchased at the lake)

PLEASE DO NOT OVERPACK AS SPACE IS LIMITED!!!